February – April 2019





A nine week series on **DISCIPLESHIP**

And Jesus said to them, 'Follow me and I will make you fish for people.' (Mark 1:17)

Introduction

We started the year with 21 Days of Prayer, and in that time we heard these words in Isaiah: **"Awake, awake, put on your strength...Shake yourself from the dust, rise up"** (Isaiah 52:1-2). They speak of the people of God getting themselves ready for what God would do.

We are not those people, but God still asks us to make sure we are prepared by Him. Today it is called 'discipleship' and is about the life lived with Jesus and for Jesus as we join in His purposes and mission, and take part in reproducing what He has done for us in other people so that we can see His kingdom and His family multiply around us in our world.

Over these 9 weeks, we will explore lots of different aspects of being a disciple, a follower of Jesus, as we ask God to equip us to be 'On the Move' with Him.

What this booklet contains...

In this booklet you will find, for each week in the series:

- Details of the **Sunday sermon** and space for notes
- Study notes for you to use, personally or in a group

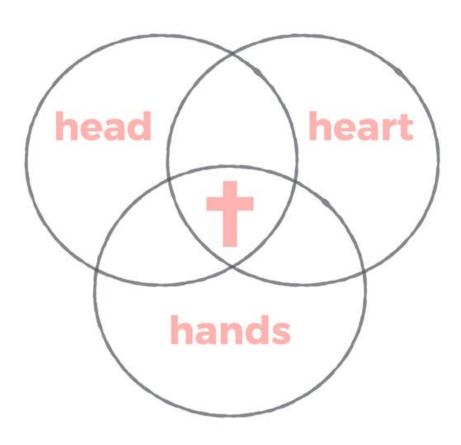
The study notes are a little different this time around. For each week there is one specific question about the passage. The rest of the notes follow a pattern based on God shaping our HEADS, HEARTS and HANDS.

Head, Heart, Hands

The New Testament uses three words to describe the different aspects of being a follower of Jesus. They can be translated as:

- 1. **'A learner'**: someone taught by Jesus, growing in understanding, knowledge and skills **(HEAD)**
- 2.**'A follower'**: someone close to Jesus, staying near so they are completely shaped by Him **(HEART)**
- 3. **'An imitator'**: someone who looks like Jesus more and more, doing the things He would do **(HANDS)**

When you put it together, you get a discipleship DNA that looks a little like this:



It is when we are investing in all 3 areas of our walk with Jesus that we become most like Him. To focus on one over the others is to miss out on being shaped by Him completely. That's why each week

the suggested study and/or discussion questions focus on each area, so we can grow up into maturity as disciples in every possible way.

Sunday Series Overview

1. 'Let's Go!' (Mark 1:16-20) – Feb 10 Setting off with Jesus

2. 'Decision Time, pt. 1' (Matthew 16:13-23) – Feb 17 Making a choice about Jesus

3. 'Decision Time, pt. 2' (Matthew 6:19-24) – Feb 24 How much do we mean it?

4. 'Don't Panic' (Matthew 6:25-34) – Mar 3 Trusting Jesus for everything

5. 'Set an Example' (1 Thes 2:13-16) – Mar 10 Taking Jesus at His word

6. 'Give it Up' (Luke 14:25-33) – Mar 17 Sacrificing for Jesus

7. 'Hold on Tight' (2 Corinthians 4:5-15) – Mar 24 Not letting go of Jesus

8. 'Make it Count' (1 Corinthians 9:19-27) – Mar 31 Taking every opportunity with Jesus

9. 'Don't Blink' (Hebrews 12:1-3) – Apr 7 Keeping our eyes on Jesus

(These are Gold Hill's dates. Hope's plan is a little different.)

Tell us your stories!

If you have a God story from your life we want to hear it! It could be stepping out in faith (whether it went well or not!), an answer to prayer, an opportunity you have coming up, what following Jesus looks like where you spend your Monday to Saturday, or really anything! We want to make sure everyone can be encouraged by stories of God at work in our lives, so if you have a story please speak to someone in leadership at the church.

WEEK 1: 'Let's Go!'

Sermon Notes Mark 1:16-20

February 10

Study Notes

in the week

OPENER... For James, John, Peter and Andrew this was the moment they became followers of Jesus. **Have you had that moment, and if you have how did it happen?**

HEAD... What is there in the passage **to learn**, or how has it affected **your understanding** of following Jesus?

HEART... In response to the passage, how might **your heart, priorities or desires** need to change?

WEEK 2: 'Decision Time, pt. 1'





Matthew 16:13-23

Study Notes

in the week

OPENER... Peter's confession was given to Him by God (v17). **How does God reveal things, and in what ways are you able to be part of revealing Him to others?**

HEAD... What is there in the passage **to learn**, or how has it affected **your understanding** of following Jesus?

HEART... In response to the passage, how might **your heart, priorities or desires** need to change?

WEEK 3: 'Decision Time, pt. 2'



February 24

Matthew 6:19-24



OPENER... Jesus is clear: 'No one can serve two masters' (v24). **In your life, what other master(s) are most likely to demand your service, and how can you resist that?**

HEAD... What is there in the passage **to learn**, or how has it affected **your understanding** of following Jesus?

HEART... In response to the passage, how might **your heart, priorities or desires** need to change?

WEEK 4: 'Don't Panic'



March 3



OPENER... This passage paints a picture of God's total provision for all our needs. **How do we square that with times when things go badly or it doesn't seem like it?**

HEAD... What is there in the passage **to learn**, or how has it affected **your understanding** of following Jesus?

HEART... In response to the passage, how might **your heart, priorities or desires** need to change?

WEEK 5: 'Set an Example'



March 10

1 Thessalonians 2:13-16



in the week

OPENER... The Thessalonians received God's word, lived differently and suffered for it. **Are there ways in which that pattern is a potential reality for you in your life?**

HEAD... What is there in the passage **to learn**, or how has it affected **your understanding** of following Jesus?

HEART... In response to the passage, how might **your heart, priorities or desires** need to change?

WEEK 6: 'Give it Up'

Sermon Notes

March 17

Luke 14:25-35



in the week

OPENER... Jesus is honest about sacrifices we are called to make. **Have you ever had to sacrifice for your faith, and does it make faith more or less inviting to others?**

HEAD... What is there in the passage **to learn**, or how has it affected **your understanding** of following Jesus?

HEART... In response to the passage, how might **your heart, priorities or desires** need to change?

WEEK 7: 'Hold on Tight'



March 24

2 Corinthians 4:5-15



OPENER... This passage describes suffering and hardship but also power. **Do you think the picture it paints is one of strength or weakness?**

HEAD... What is there in the passage **to learn**, or how has it affected **your understanding** of following Jesus?

HEART... In response to the passage, how might **your heart, priorities or desires** need to change?

WEEK 8: 'Make it Count'

Sermon Notes 1 Corinthians 9:19-27

March 31



OPENER... Paul wanted to reach all kinds of people, so he adapted himself for them (v22). **Does this make him a hypocrite? If not, why not?**

HEAD... What is there in the passage **to learn**, or how has it affected **your understanding** of following Jesus?

HEART... In response to the passage, how might **your heart, priorities or desires** need to change?

WEEK 1: 'Hebrews 12:1-3'





Hebrews 12:1-3



in the week

OPENER... This passage begins calling to mind people who inspire faith. **Who inspires you most, and what would inspire someone most about your faith?**

HEAD... What is there in the passage **to learn**, or how has it affected **your understanding** of following Jesus?

HEART... In response to the passage, how might **your heart, priorities or desires** need to change?

